



Course Number and Title: HMS 124 Community Living Skills and Supports

Campus Location:

Georgetown, Dover, Wilmington

Effective Date:

2018-51

Prerequisite:

ENG 090 OR ENG 091, HMS 120, SSC 100 or concurrent

Co-Requisites:

None

Course Credits and Hours:

3.00 credits

3.00 lecture hours/week

0.00 lab hours/week

Course Description:

This course explores the role of the direct support professional to provide services that enhance opportunities for people who have a disability. Students assess the need for services and provide services that address the client's physical, personal, and household management needs. Community connections, networking, and promoting self-advocacy skills are addressed.

Required Text(s):

Obtain current textbook information by viewing the [campus bookstore - https://www.dtcc.edu/bookstores](https://www.dtcc.edu/bookstores) online or visit a campus bookstore. Check your course schedule for the course number and section.

Additional Materials:

None

Schedule Type:

Classroom Course

Hybrid Course

Disclaimer:

None

Core Course Performance Objectives (CCPOs):

1. Identify methods the direct support professional uses to enhance the ability of the participant to lead a self-determining life. (CCC 2, 3, 4; PGC 3)
2. Clarify the influence of communication in developing community relationships and community involvement. (CCC 1, 2, 4; PGC 1, 5, 6, 7)
3. Evaluate which services are appropriate with consideration to the types of disabilities and the range of services found within Delaware's agencies. (CCC 5; PGC 3, 4, 5, 6)
4. Explore the benefits that the participant gains in building and maintaining friendships and relationships. (CCC 1, 2, 3, 5; PGC 2, 4, 5, 7)
5. Apply best practices of crisis prevention and intervention. (CCC 1, 2, 4, 5; PGC 1, 2, 3, 5, 7)
6. Apply methods for acquiring and supporting the participant's health and overall wellness. (CCC 1, 2, 4, 5; PGC 4, 5, 6, 7)

See Core Curriculum Competencies and Program Graduate Competencies at the end of the syllabus. CCPOs are linked to every competency they develop.

Measurable Performance Objectives (MPOs):

Upon completion of this course, the student will:

1. 1. Identify methods the direct support professional uses to enhance the ability of the participant to lead a self-determining life.
 1. Clarify the supports necessary to empower the participant.
 2. Summarize the effects of empowerment on the participant's self-esteem.
 3. Describe how to apply the traits of an effective direct support professional to advocate for clients' community living skills.
 4. Establish relationships to promote awareness of self-advocacy methods and techniques.
2. 2. Clarify the influence of communication in developing community relationships and community involvement.
 1. Differentiate between effective and ineffective communication.
 2. Use effective, sensitive communication skills to build rapport and channels of communication with the community.
3. 3. Evaluate which services are appropriate with consideration to the types of disabilities and the range of services found within Delaware's agencies.
 1. Describe the range of services available within the state of Delaware.
 2. Explore the criteria for eligibility for those services.
 3. Research and maintain information on community and other resources relevant to the needs of the participants.
4. 4. Explore the benefits that the participant gains in building and maintaining friendships and relationships.
 1. Plan methods to assist the individual in participating in community activities and events.
 2. Explain appropriate social interactions, and support positive social behaviors.
 3. Research available resources for transportation and inclusive events.
 4. Identify and problem solve obstacles that may impede connections and communication with family and friends.
5. 5. Apply best practices of crisis prevention and intervention.
 1. Identify the potential crisis and possible triggers that clients may encounter.
 2. Describe how to defuse a situation.
 3. Evaluate and determine intervention strategies.
 4. Research potential resources and services within the community.
6. 6. Apply methods for acquiring and supporting the participant's health and overall wellness.
 1. Apply agency policies and procedures regarding the administration of medication.
 2. Implement appropriate actions to promote healthy living and to prevent illness and accidents.
 3. Assist individuals in scheduling, keeping, and following through on health appointments.
 4. Research techniques and programs designed to promote personal care activities.

Evaluation Criteria/Policies:

Students must demonstrate proficiency on all CCPOs at a minimal 75 percent level to successfully complete the course. The grade will be determined using the Delaware Tech grading system:

92	-	100	=	A
83	-	91	=	B
75	-	82	=	C
0	-	74	=	F

Students should refer to the [Student Handbook - https://www.dtcc.edu/handbook](https://www.dtcc.edu/handbook) for information on the Academic Standing Policy, the Academic Integrity Policy, Student Rights and Responsibilities, and other policies relevant to their academic progress.

Core Curriculum Competencies (CCCs are the competencies every graduate will develop):

1. Apply clear and effective communication skills.
2. Use critical thinking to solve problems.
3. Collaborate to achieve a common goal.
4. Demonstrate professional and ethical conduct.
5. Use information literacy for effective vocational and/or academic research.
6. Apply quantitative reasoning and/or scientific inquiry to solve practical problems.

Program Graduate Competencies (PGCs are the competencies every graduate will develop specific to his or her major):

1. Create and maintain effective and professional documents relevant to agencies working with people who have a disability.
2. Interact ethically and professionally within the Direct Support Profession.
3. Apply information to identify client's strengths, weaknesses, and resources to provide appropriate support services in a variety of settings.
4. Provide effective support services to all client's with varying levels of ability by utilizing professional principles and practices.
5. Establish effective working relationships within the Direct Support arena.
6. Apply basic management and leadership skills in professional environments, including time management, organization, and the ability to follow directions.
7. Utilize feedback to assess the outcomes and opportunities created for clients and make adjustments accordingly.

Disabilities Support Statement:

The College is committed to providing reasonable accommodations for students with disabilities. Students are encouraged to schedule an appointment with the campus Disabilities Support Counselor to request an accommodation needed due to a disability. A listing of campus Disabilities Support Counselors and contact information can be found at the [disabilities services - https://www.dtcc.edu/disabilitysupport](https://www.dtcc.edu/disabilitysupport) web page or visit the campus Advising Center.