



## Course Number and Title: NUR 134 Essentials of Mental Health Nursing

**Campus Location:**

Georgetown, Dover

**Effective Date:**

2022-52

**Prerequisite:**

NUR 131 or concurrent, PSY 127 or concurrent, SSC 100 or concurrent

**Co-Requisites:**

none

**Course Credits and Hours:**

2.00 credits

1.00 lecture hours/week

3.00 lab hours/week

**Course Description:**

This course explores the role of the entry-level practical nurse as a provider of care and member within the discipline of nursing in the mental health setting by introducing theoretical knowledge needed for beginning clinical practice. The use of the nursing process promotes critical thinking in the care of clients with alterations in mental health.

**Required Text(s):**

Obtain current textbook information by viewing the [campus bookstore - https://www.dtcc.edu/bookstores](https://www.dtcc.edu/bookstores) online or visit a campus bookstore. Check your course schedule for the course number and section.

**Additional Materials:**

None

**Schedule Type:**

Classroom Course

**Disclaimer:**

None

**Core Course Performance Objectives (CCPOs):**

1. Demonstrate sound nursing judgment, by incorporating theoretical knowledge and clinical reasoning skills to guide competent decision-making in healthcare settings. (CCC 1, 2, 3, 4, 5, 6; PGC 1)
2. Practice caring behaviors while recognizing the uniqueness of the individual when providing care. (CCC 1, 2, 3, 4; PGC 2)
3. Use therapeutic communication and collaborative efforts as a member of the multi-disciplinary healthcare team. (CCC 1, 2, 3, 4; PGC 3)
4. Describe principles of leadership and management as it relates to nursing practice in a mental healthcare setting. (CCC 1, 2, 3, 4; PGC 4)
5. Discuss the professional, ethical, and legal standards of nursing practice to care of clients with psychosocial needs. (CCC 1, 2, 3, 4, 5; PGC 5)

See Core Curriculum Competencies and Program Graduate Competencies at the end of the syllabus. CCPOs are linked to every competency they develop.

**Measurable Performance Objectives (MPOs):**

Upon completion of this course, the student will:

1. Demonstrate sound nursing judgment, by incorporating theoretical knowledge and clinical reasoning skills to guide competent decision-making in mental healthcare settings.
  1. Describe therapeutic and non-therapeutic communication strategies.
  2. Discuss nutritional and pharmacological needs for clients with various psychological disorders in mental health settings.
  3. Demonstrate comprehension of diagnoses, treatment, and nursing care of clients with alterations in mental health.
  4. Use physical and behavioral assessment techniques and health data to evaluate the client on an ongoing basis.
  5. Use the nursing care plan to meet the needs of clients in mental health settings.
2. Practice caring behaviors while recognizing the uniqueness of the individual when providing care.
  1. Discuss societal attitude toward mental illness.
  2. Describe the nurse's role in health promotion, maintenance, and restoration of health for diverse clients in mental health settings.
  3. Demonstrate therapeutic relationships with clients incorporating diversity into the plan of care.
  4. Identify the impact of mental illness on clients and families.
3. Use therapeutic communication and collaborative efforts as a member of the multi-disciplinary healthcare team.
  1. Demonstrate therapeutic communication techniques while interacting with clients.
  2. Identify knowledge deficits of clients in mental health settings.
  3. Apply client teaching/learning into the nursing plan of care.
  4. Identify available and appropriate mental health resources to communicate with client(s).
  5. Use appropriate medical terminology.
4. Demonstrate principles of leadership and management as it relates to nursing practice in a mental healthcare setting.
  1. Discuss the role of the nurse in conjunction with other members of the multi-disciplinary care team as caregiver, teacher, collaborator, advocate, and manager in affecting positive outcomes for clients in mental health settings.
  2. Demonstrate collaboration when working with physicians, staff nurses, and fellow students in mental health settings.
  3. Identify a plan that involve clients in decision-making.
5. Discuss the professional, ethical, and legal standards of nursing practice to care of clients with psychosocial needs.
  1. Discuss the importance of confidentiality in mental health settings.
  2. Show principles of advocacy while caring for clients in mental health settings.
  3. Show professionalism and accountability.
  4. Relate the nursing code of ethics while practicing nursing.
  5. Use constructive criticism to improve clinical performance.
  6. Practice within the scope of beginning nursing practice in mental health settings.

**Evaluation Criteria/Policies:**

The grade will be determined using the Delaware Tech grading system:

90	-	100	=	A
80	-	89	=	B
70	-	79	=	C
0	-	69	=	F

Students should refer to the [Student Handbook - https://www.dtcc.edu/handbook](https://www.dtcc.edu/handbook) for information on the Academic Standing Policy, the Academic Integrity Policy, Student Rights and Responsibilities, and other policies relevant to their academic progress.

**Final Course Grade:**

Calculated using the following weighted average

Evaluation Measure	Percentage of final grade
3 Exams (Summative)	30%
Final Exam (Summative)	60%
Formative (Equally Weighted):	
Project or Quizzes	10%
Non-Proctored ATI	
Lab/Clinical (Formative/Summative)	Pass/Fail
TOTAL	100%

**Core Curriculum Competencies (CCCs are the competencies every graduate will develop):**

1. Apply clear and effective communication skills.
2. Use critical thinking to solve problems.
3. Collaborate to achieve a common goal.
4. Demonstrate professional and ethical conduct.
5. Use information literacy for effective vocational and/or academic research.
6. Apply quantitative reasoning and/or scientific inquiry to solve practical problems.

**Program Graduate Competencies (PGCs are the competencies every graduate will develop specific to his or her major):**

1. Analyze sound nursing judgment, by incorporating theoretical knowledge and clinical reasoning skills to provide clinically competent nursing care.
2. Demonstrate caring behaviors while recognizing the uniqueness of the individual.
3. Practice appropriate communication techniques while functioning as a member of the health care team.
4. Administer nursing care that incorporates the principles of leadership and advocacy.
5. Use professional, ethical, and legal standards of nursing practice.

**Disabilities Support Statement:**

The College is committed to providing reasonable accommodations for students with disabilities. Students are encouraged to schedule an appointment with the campus Disabilities Support Counselor to request an accommodation needed due to a disability. A listing of campus Disabilities Support Counselors and contact information can be found at the [disabilities services - https://www.dtcc.edu/disabilitysupport](https://www.dtcc.edu/disabilitysupport) web page or visit the campus Advising Center.