

Course Number and Title: OTA 110 Introduction to Occupational Therapy

Campus Location:

Georgetown, Wilmington

Effective Date:

2021-51

Prerequisite:

BIO 120, SSC 100 or concurrent

Co-Requisites:

OTA 120

Course Credits and Hours:

3.00 credits

3.00 lecture hours/week

1.00 lab hours/week

Course Description:

This course provides an overview of the occupational therapy profession, including the history and philosophy of occupational therapy, the Occupational Therapy Practice Framework (OTPF), and the roles and responsibilities of the occupational therapy assistant.

Required Text(s):

Obtain current textbook information by viewing the [campus bookstore - https://www.dtcc.edu/bookstores](https://www.dtcc.edu/bookstores) online or visit a campus bookstore. Check your course schedule for the course number and section.

Additional Materials:

All campus program and policy manuals.

Schedule Type:

Classroom Course

Disclaimer:

None

Core Course Performance Objectives (CCPOs):

1. Demonstrate ability to use initial professional behaviors. (CCC 3, 4; PGC 5)
2. Demonstrate and apply foundational and theoretical principles associated with the practice of occupational therapy. (CCC 2, 4, 6; PGC 1, 2)
3. Demonstrate and apply the domain and basic tenets of occupational therapy. (CCC 2, 3; PGC 1, 2)
4. Describe the process undertaken by occupational therapy practitioners when providing services to clients, groups, and populations. (CCC 2, 3, 4; PGC 1, 2)
5. Identify and explain the context of service delivery, leadership, ethics, responsibilities and management of OT services. (CCC 2, 3, 6; PGC 1, 2)
6. Describe and demonstrate knowledge of scholarly activities and professional literature. (CCC 5, 6; PGC 1, 4)

See Core Curriculum Competencies and Program Graduate Competencies at the end of the syllabus. CCPOs are linked to every competency they develop.

Measurable Performance Objectives (MPOs):

Upon completion of this course, the student will:

1. Demonstrate ability to use initial professional behaviors.
 1. Demonstrate professional behaviors in the classroom.
 2. Demonstrate basic ability to self-assess.
 3. Respond appropriately to constructive feedback.
2. Demonstrate and apply foundational and theoretical principles associated with the practice of occupational therapy.
 1. Explain the role of sociocultural, socioeconomic, diversity factors, and lifestyle choices in contemporary society to meet the needs of persons, groups, and populations (e.g., principles of psychology, sociology, and abnormal psychology).
 2. Demonstrate social determinants of health for persons, groups, and populations with or at risk for disabilities and chronic health conditions including an understanding of the epidemiological factors that impact the public health and welfare of populations.
 3. Apply scientific evidence, theories, models of practice, and frames of reference that underlie the practice of occupational therapy to guide and inform interventions for persons, groups, and populations in a variety of practice contexts and environments.
 4. Define the process of theory development and its importance to occupational therapy.
 5. Identify and explain the contextual factors; current policy issues; and socioeconomic, political, geographic, and demographic factors on the delivery of occupational therapy services for persons, groups, and populations and social systems as they relate to the practice of occupational therapy.
3. Demonstrate and apply the domain and basic tenets of occupational therapy.
 1. Demonstrate and apply occupational therapy history, philosophical base, theory, and sociopolitical climate and their importance in meeting society's current and future occupational needs as well as how these factors influence and are influenced by practice.
 2. Demonstrate and apply the interaction of occupation and activity, including areas of occupation, performance skills, performance patterns, context(s) and environments, and client factors.
 3. Explain to consumers, potential employers, colleagues, third-party payers, regulatory boards, policymakers, and the general public the distinct nature of occupation and the evidence that occupation supports performance, participation, health, and well-being.
 4. Demonstrate activity analysis in areas of occupation, performance skills, performance patterns, context(s) and environments, and client factors to implement the intervention plan.
4. Describe the process undertaken by occupational therapy practitioners when providing services to clients, groups, and populations.
 1. Explain the types of Occupational Therapy Interventions including occupations and activities, preparatory methods and tasks, education and training, advocacy, and group interventions.
 2. Describe and give examples of various approaches to intervention including create, promote (health promotion), establish, restore (remediation, restoration), maintain, modify (compensation, adaptation), prevent (disability prevention).
 3. Demonstrate therapeutic use of self, including one's personality, insights, perceptions, and judgments, as part of the therapeutic process in both individual and group interaction.
 4. Demonstrate clinical reasoning to address occupation-based interventions, client factors, performance patterns, and performance skills.
 5. Contribute to the evaluation process of client(s)' occupational performance, by administering standardized and non-standardized screenings and assessment tools including an occupational profile.
 6. Explain the importance of using psychometrically sound assessment tools when considering client needs, and cultural and contextual factors to deliver evidence based intervention plans and strategies
 7. Demonstrate how occupational therapy outcomes reflect the attainment of treatment goals that relate to engagement in occupation and a return to desire habits, routines, and roles.
 8. Under the direction of an occupational therapist, collect, organize, and report on data for evaluation of client outcomes.
5. Identify and explain the context of service delivery, leadership, ethics, responsibilities and management of OT services.
 1. Demonstrate an understanding of the intervention strategies that remediate and/or compensate for functional cognitive deficits, visual deficits, and psychosocial and behavioral health deficits that affect occupational performance.
 2. Explain business aspects of practice including, but not limited to, financial management, billing, and coding.
 3. Define the systems and structures that create federal and state legislation and regulations, and their implications and effects on persons, groups, and populations, as well as practice.
 4. Demonstrate applicable national requirements for credentialing and requirements for licensure, certification, or registration consistent with federal and state laws.
 5. Identify the need for development, marketing, and management of service delivery options.
 6. Participate in the documentation of ongoing processes for quality management and improvement (e.g., outcome studies analysis and client engagement surveys).
 7. Demonstrate American Occupational Therapy Association (AOTA) Occupational Therapy Code of Ethics and AOTA Standards of Practice and how to use them as a guide for ethical decision making in professional interactions, client interventions, employment settings, and when confronted with personal and organizational ethical conflicts.
 8. Demonstrate how the role of a professional is enhanced by participating and engaging in local, national, and international leadership positions in organizations or agencies.
 9. Demonstrate personal and professional responsibilities related to liability issues under current models of service provision and the varied roles of the occupational therapy assistant providing service on a contractual basis.
6. Describe and demonstrate knowledge of scholarly activities and professional literature.
 1. Locate and understand professional literature, including the quality of the source of information, to make evidence-based practice decisions in collaboration with the occupational therapist.
 2. Explain how scholarly activities and literature contribute to the development of the profession.
 3. Explain the difference between quantitative and qualitative research studies.
 4. Demonstrate skills to understand a scholarly report.
 5. Demonstrate knowledge of scientific evidence in professional literature as it relates to the importance of balancing areas of occupation; the role of occupation in the promotion of health; and the prevention of disease, illness, and dysfunction for persons, groups, and populations.

Evaluation Criteria/Policies:

The grade will be determined using the Delaware Tech grading system:

90	-	100	=	A
80	-	89	=	B
70	-	79	=	C
0	-	69	=	F

Students should refer to the [Student Handbook - https://www.dtcc.edu/handbook](https://www.dtcc.edu/handbook) for information on the Academic Standing Policy, the Academic Integrity Policy, Student Rights and Responsibilities, and other policies relevant to their academic progress.

Final Course Grade:

Calculated using the following weighted average

Evaluation Measure	Percentage of final grade
Summative: Exam #1	10%
Summative: Exam #2	15 %
Summative: Exam #3	20 %
Summative: Professional Behaviors	10%
Formative Assessments	
Info Literacy Assignment- 5%	
Multicultural Assignment (written)-5%	
Disability Assignment (written)-5%	
Multicultural Assignment – oral-5%	
Disability Assignment – oral-5%	
SOAP note – correct-2%	45%
SOAP note – create-2%	
3 Homework – Learning Activities-3%	
Occupational Profile-1%	
Activity Director Assignment – 2%	
Competency – Interview-5%	
Competency – CPR-5%	
TOTAL	100%

Core Curriculum Competencies (CCCs are the competencies every graduate will develop):

1. Apply clear and effective communication skills.
2. Use critical thinking to solve problems.
3. Collaborate to achieve a common goal.
4. Demonstrate professional and ethical conduct.
5. Use information literacy for effective vocational and/or academic research.
6. Apply quantitative reasoning and/or scientific inquiry to solve practical problems.

Program Graduate Competencies (PGCs are the competencies every graduate will develop specific to his or her major):

1. Demonstrate knowledge related to the occupational therapy assistant including patient/client interactions, therapeutic treatments, activity analysis, documentation, safety techniques, and therapeutic equipment.
2. Exhibit effective nonverbal, verbal and written communication in patient/client and family interventions and education and in professional relationships.
3. Perform competently a full range of occupational therapy skills with patients/clients and various populations as occupational beings.
4. Exercise independent judgment and critical thinking in performance of occupational therapy, according to the profession's standards of practice.
5. Demonstrate professional patterns of behavior consistent with the profession's code of ethics.

Disabilities Support Statement:

The College is committed to providing reasonable accommodations for students with disabilities. Students are encouraged to schedule an appointment with the campus Disabilities Support Counselor to request an accommodation needed due to a disability. A listing of campus Disabilities Support Counselors and contact information can be found at the [disabilities services - https://www.dtcc.edu/disabilitysupport](https://www.dtcc.edu/disabilitysupport) web page or visit the campus Advising Center.