



Course Number and Title: PSY 223 - Abnormal Psychology

Campus Location:

Georgetown, Dover, Stanton, Wilmington

Effective Date:

2018-51

Prerequisite:

ENG 090 or ENG 091, PSY 121

Co-Requisites:

none

Course Credits and Hours:

3.00 credits

3.00 lecture hours/week

0.00 lab hours/week

Course Description:

This course introduces the causes, characteristics, and treatments of various categories of abnormal behavior. The student will examine and comprehend the diversity of factors surrounding maladaptive behavior, including historical views, classification of abnormal disorders, physical and psychological symptoms, and available treatments.

Required Text(s):

Obtain current textbook information by viewing the [campus bookstore - https://www.dtcc.edu/bookstores](https://www.dtcc.edu/bookstores) online or visit a campus bookstore. Check your course schedule for the course number and section.

Additional Materials:

None

Schedule Type:

Classroom Course

Hybrid Course

Online Course

Disclaimer:

None

Core Course Performance Objectives (CCPOs):

1. Discuss historical views of abnormal behavior. (CCC 1, 2, 4, 5)
2. Define *abnormal psychology/behavior*, and discuss how the definition has changed. (CCC 1, 2, 5)
3. Explain research methods used to study abnormal behavior. (CCC 1, 2, 4, 5, 6)
4. Explain the various theoretical models of maladaptive behavior, including etiology and treatment according to each model. (CCC 1, 2, 3, 4, 5)
5. Describe and apply the classification and assessment method according to the *Diagnostic and Statistical Manual of Mental Disorders (DSM-V)*. (CCC 1, 2, 4, 5, 6)
6. Explain the causes of maladaptive behavior based on theoretical perspectives and current research. (CCC 1, 2, 4, 6)
7. Compare appropriate treatment modalities for various types of abnormal behaviors. (CCC 1, 2, 4)
8. Assess the function of community-based treatment modalities and the role of intervention programs. (CCC 1, 2, 3, 4)

See Core Curriculum Competencies and Program Graduate Competencies at the end of the syllabus. CCPOs are linked to every competency they develop.

Measurable Performance Objectives (MPOs):

Upon completion of this course, the student will:

1. Discuss historical views of abnormal behavior.
 1. Identify differing historical views of the causes of abnormal behavior.
 2. Recognize how the various historical views of abnormal behavior lead to treatment approaches.
 3. Trace the treatment of abnormal behavior throughout history from ancient civilization to present.
 4. Identify the current approaches and trends in the treatment of abnormal behavior.
2. Define *abnormal psychology/behavior*, and discuss how the definition has changed.
 1. Identify the major definitions of abnormal behavior, including biological, psychological, and sociocultural views.
 2. Evaluate the definition and classification of abnormal behaviors as used in the DSM.
 3. Analyze how these definitions have changed over time.
3. Explain research methods used to study abnormal behavior.
 1. Describe the essential elements of research methods used to study abnormal behavior.
 2. Assess the ethical implications involved in researching abnormal behavior.
4. Explain the various theoretical models of maladaptive behavior, including etiology and treatment according to each model.
 1. Explain why theoretical models are important in the etiology and treatment of abnormal behavior.
 2. Interpret the main tenets of the various theoretical models, including the psychoanalytic, humanistic, sociocultural, behavioral, cognitive, and biological approaches.
 3. Identify how each approach addresses the treatment of abnormal behavior.
 4. Describe the importance of cultural and ethnic considerations in accurate diagnostic protocols.
5. Describe and apply the classification and assessment system according to the *Diagnostic and Statistical Manual of Mental Disorders (DSM-V)*.
 1. Explain the general purpose, organization, and use of the DSM in current psychological practice.
 2. Apply the concept of "diagnostic criteria" to example situations.
 3. Identify other forms of assessment, including testing, behavioral assessment, mental status exams, and biologically based methods.
6. Explain the causes of maladaptive behavior based on theoretical perspectives and current research.
 1. Distinguish among the theoretical perspectives, and explain how each perspective defines the causes of maladaptive behavior.
 2. Summarize the basic findings of current research about abnormal behavior.
7. Compare appropriate treatment modalities for various types of abnormal behavior.
 1. Assess the types of treatment modalities.
 2. Identify the type of treatment modality most often used with various types of abnormal behavior.
 3. Compare and contrast the major interventions used by each treatment modality.
8. Assess the function of community-based treatment modalities and the role of intervention programs.
 1. Describe the function of community-based treatment modalities.
 2. Characterize the role of intervention programs, and identify when each might be used in the treatment of abnormal behavior.
 3. Summarize relevant research findings as to the effectiveness of various intervention programs for the treatment of the abnormal behaviors.

Evaluation Criteria/Policies:

Students must demonstrate proficiency on all CCPOs at a minimal 75 percent level to successfully complete the course. The grade will be determined using the Delaware Tech grading system:

92	-	100	=	A
83	-	91	=	B
75	-	82	=	C
0	-	74	=	F

Students should refer to the [Student Handbook - https://www.dtcc.edu/handbook](https://www.dtcc.edu/handbook) for information on the Academic Standing Policy, the Academic Integrity Policy, Student Rights and Responsibilities, and other policies relevant to their academic progress.

Final Course Grade:

Calculated using the following weighted average

Evaluation Measure	Percentage of final grade
4 Exams @ 15% each	60%
Project/Paper	15%
Formative assessments	25%
TOTAL	100%

Core Curriculum Competencies (CCCs are the competencies every graduate will develop):

1. Apply clear and effective communication skills.
2. Use critical thinking to solve problems.
3. Collaborate to achieve a common goal.
4. Demonstrate professional and ethical conduct.
5. Use information literacy for effective vocational and/or academic research.
6. Apply quantitative reasoning and/or scientific inquiry to solve practical problems.

Program Graduate Competencies (PGCs are the competencies every graduate will develop specific to his or her major):

None

Disabilities Support Statement:

The College is committed to providing reasonable accommodations for students with disabilities. Students are encouraged to schedule an appointment with the campus Disabilities Support Counselor to request an accommodation needed due to a disability. A listing of campus Disabilities Support Counselors and contact information can be found at the [disabilities services - https://www.dtcc.edu/disabilitysupport](https://www.dtcc.edu/disabilitysupport) web page or visit the campus Advising Center.