



## Course Number and Title: PTA 212 Clinical Practice II

**Campus Location:**

Georgetown, Wilmington

**Effective Date:**

2020-53

**Prerequisite:**

PTA 211

**Co-Requisites:**

none

**Course Credits and Hours:**

3.00 credits

0.00 lecture hours/week

13.00 lab hours/week

**Course Description:**

This course is an intermediate full-time clinical experience in a physical therapy setting for application of learned skills practiced in PTA 211 and a continuation of application of newly learned techniques, under the supervision of a licensed physical therapist or physical therapist assistant (per State Practice Act).

**Required Text(s):**

Obtain current textbook information by viewing the [campus bookstore - https://www.dtcc.edu/bookstores](https://www.dtcc.edu/bookstores) online or visit a campus bookstore. Check your course schedule for the course number and section.

**Additional Materials:**

Per clinical site requirements

**Schedule Type:**

Classroom Course

**Disclaimer:**

See PTA Clinical Education Manual/PTA Program Manual

**Core Course Performance Objectives (CCPOs):**

1. Exhibit continued development of professional behaviors in the clinical setting. (CCC 3, 4; PGC 6)
2. Establish continued development of communication skills in the clinical setting. (CCC 1, 3; PGC 4, 6)
3. Develop professional relationships in the clinical setting. (CCC 3, 4; PGC 1, 6, 8)
4. Obtain necessary information through data collection skills. (CCC 2; PGC 3, 5)
5. Provide a treatment rationale for an expanded number of diseases and disorders. (CCC 2; PGC 3, 5)
6. Implement and appropriately modify a predetermined physical therapist treatment plan using an expanded number of skills. (CCC 2; PGC 2, 3, 5)
7. Exhibit continued development of problem solving and critical thinking skills in the clinical setting. (CCC 2; PGC 2, 3, 5)

See Core Curriculum Competencies and Program Graduate Competencies at the end of the syllabus. CCPOs are linked to every competency they develop.

**Measurable Performance Objectives (MPOs):**

Upon completion of this course, the student will:

1. Exhibit continued development of professional behaviors in the clinical setting.
  1. Demonstrate the role of the physical therapist assistant in relation to the physical therapist in the delivery of quality healthcare in a different clinical setting.
  2. Identify and abide by facility's specific policies, procedures, and timelines adapting to any differences from the initial clinical experience.
  3. Adhere to ethical and legal standards of practice.
  4. Adapt organizational and time management skills to a different clinical setting.
  5. Employ a professional attitude about self and patient care.
  6. Maintain balance between professional and personal life.
  7. Seek and respond to feedback from clinical faculty in an effective manner.
  8. Assess one's own performance, and identify gaps in knowledge.
2. Establish continued development of communication skills in the clinical setting.
  1. Employ effective oral communication skills with academic and clinical instructors, physical therapists, other members of the

- healthcare team, and patients and their families in a different clinical setting.
2. Modify nonverbal and verbal communication to meet the need of different audiences after observing and seeking feedback.
  3. Adapt written communication skills (note-writing) to meet clinical guidelines.
  4. Exhibit continued development of teaching skills to varied audiences that include patients and/or caregivers as well as other healthcare providers.
  5. Respond appropriately to feedback from clinical faculty and patients and/or caregivers.
3. Develop professional relationships in the clinical setting.
    1. Create effective relationships with patients and families with awareness for patient advocacy.
    2. Create professional relationships with academic and clinical instructors.
    3. Create effective relationships with physical therapists (PTs) and other members of the healthcare team.
    4. Design effective treatment according to cultural and personal differences of others.
    5. Discuss complex issues with sensitivity and objectivity.
    6. Remain calm in urgent situations.
    7. Delegate appropriately to supportive personnel.
  4. Obtain necessary medical information through data collection skills.
    1. Obtain pertinent information from the medical chart and patient and family interviews.
    2. Use data collection skills including but not limited to:
      1. Muscle strength
      2. Joint range of motion
      3. Posture
      4. Balance
      5. Righting and equilibrium reactions
      6. Gait
      7. Pain
      8. Girth
      9. Palpation
      10. Skin and tissue integrity
      11. Sensation
      12. Vital signs
      13. Endurance
      14. Architectural barriers
      15. Activities of daily living (ADLs)
      16. Respiratory status
      17. Fine/gross motor milestones
      18. Assistive and adaptive devices
      19. Muscle tone
      20. Changes in patient mentation and cognition
      21. Normal and abnormal joint movement
    3. Assist PT with data collection.
    4. Use information obtained by patient questionnaires and functional assessments to determine functional training activities
  5. Provide a treatment rationale for an expanded number diseases and disorders.
    1. Describe etiology, pathology, signs, symptoms, and management of selected diseases and disorders, including women's health issues, acquired immunodeficiency syndrome (AIDS), and cardiopulmonary.
    2. Incorporating evidence based practice, for an expanded number of diseases and disorders, use sound treatment, and identify indications and contraindications for patient care.
  6. Implement and appropriately modify a predetermined physical therapist treatment plan using an expanded number of skills.
    1. Demonstrate safety, competence and the ability to modify the administration of physical therapy interventions including but not limited to:
      1. Therapeutic exercise
      2. Massage
      3. Modalities (superficial heat and cold, ultrasound, electrical stimulation, biofeedback, traction, compression, hydrotherapy)
      4. Assistive devices
      5. Transfer training
      6. Gait and balance training
      7. Developmental activities
      8. Prosthetics and orthotics
      9. Pulmonary hygiene techniques
      10. Functional training
      11. Topical agents used with modalities
      12. Infection control
    2. Employ wound care including types of wounds, dressings, medications, and PT interventions.
    3. Explain shortwave diathermy, infrared, ultraviolet, hyperbaric oxygen, and fluoromethane spray.
    4. Implement a comprehensive treatment program (using an expanded number of skills identified in the proficiency checklist) toward achievement of therapeutic goals.
    5. Formulate ideas for appropriate modification of goals and plan of care including ideas for modifying interventions and for progressing therapeutic activities.
    6. Recognize activities, positions, and postures that aggravate or relieve patient signs and/or symptoms, and modify interventions

accordingly.

7. Consult supervising physical therapist about patient status or response to treatment.
7. Exhibit continued development of problem solving and critical thinking skills in the clinical setting.
  1. Prioritize patient problems.
  2. Incorporate new ideas into design of therapeutic programs.
  3. Provide accurate and timely information to the physical therapist in preparation for discharge planning.
  4. Assess one's own performance in a different clinical setting.
  5. Use self-directed learning in the clinical setting.
  6. Use appropriate resources to develop solutions for clinical problems.

**Evaluation Criteria/Policies:**

Students must demonstrate proficiency on all CCPOs at a minimal 75 percent level to successfully complete the course. The grade will be determined using the Delaware Tech grading system:

|    |   |     |   |   |
|----|---|-----|---|---|
| 92 | - | 100 | = | A |
| 83 | - | 91  | = | B |
| 75 | - | 82  | = | C |
| 0  | - | 74  | = | F |

Students should refer to the [Student Handbook - https://www.dtcc.edu/handbook](https://www.dtcc.edu/handbook) for information on the Academic Standing Policy, the Academic Integrity Policy, Student Rights and Responsibilities, and other policies relevant to their academic progress.

**Final Course Grade:**

Calculated using the following weighted average

| Evaluation Measure                         | Percentage of final grade |
|--|---------------------------|
| Student Performance Evaluation (Summative) | 100%                      |
| TOTAL                                      | 100%                      |

**Core Curriculum Competencies (CCCs are the competencies every graduate will develop):**

1. Apply clear and effective communication skills.
2. Use critical thinking to solve problems.
3. Collaborate to achieve a common goal.
4. Demonstrate professional and ethical conduct.
5. Use information literacy for effective vocational and/or academic research.
6. Apply quantitative reasoning and/or scientific inquiry to solve practical problems.

**Program Graduate Competencies (PGCs are the competencies every graduate will develop specific to his or her major):**

1. Work under the supervision of a physical therapist in an ethical, legal, safe and effective manner.
2. Implement PT interventions within the plan of care.
3. Perform specific data collection techniques related to the plan of care.
4. Demonstrate effective communication in the physical therapy environment.
5. Formulate appropriate judgments and modification to the program within the patient's plan of care.
6. Demonstrate effective interactions and professional behaviors.
7. Participate in career development activities.
8. Exhibit a commitment to the physical therapy profession, physical therapy patients, and the community.

**Disabilities Support Statement:**

The College is committed to providing reasonable accommodations for students with disabilities. Students are encouraged to schedule an appointment with the campus Disabilities Support Counselor to request an accommodation needed due to a disability. A listing of campus Disabilities Support Counselors and contact information can be found at the [disabilities services - https://www.dtcc.edu/disabilitysupport](https://www.dtcc.edu/disabilitysupport) web page or visit the campus Advising Center.