



Course Number and Title: ECE 111 Childhood Nutrition and Safety

Campus Location:

Georgetown, Dover, Wilmington

Effective Date:

2018-51

Prerequisite:

ENG 006 or ENG 007, SSC 100 or concurrent

Co-Requisites:

None

Course Credits and Hours:

3.00 credits

3.00 lecture hours/week

0.00 lab hours/week

Course Description:

This course is a study of nutrition, health, and safety needs for normal growth and development during early childhood. Students are required to pass cardiopulmonary resuscitation (CPR) and first aid training.

Required Text(s):

Obtain current textbook information by viewing the [campus bookstore - https://www.dtcc.edu/bookstores](https://www.dtcc.edu/bookstores) online or visit a campus bookstore. Check your course schedule for the course number and section.

Additional Materials:

None

Schedule Type:

Classroom Course

Hybrid Course

Online Course

Disclaimer:

None

Core Course Performance Objectives (CCPOs):

1. Identify the appropriate licensing and public health requirements for early childhood environments. (CCC 2, 4; PGC BTS 4; ECD 4)
2. Explain the criteria for maintaining a healthy classroom environment. (CCC 2; PGC BTS 4; ECD 4)
3. Summarize relevant health concerns such as communicable diseases, chronic problems, and special health issues. (CCC 1, 4; PGC BTS 4; ECD 4)
4. Discuss the criteria for maintaining a safe environment. (CCC 2; PGC BTS 4; ECD 4)
5. Demonstrate accepted strategies for managing accidents, injuries, emergencies, and administering first aid. (CCC 2; PGC BTS 4; ECD 4)
6. Describe the role of the child care provider related to preventing and reporting child abuse and neglect. (CCC 4; PGC BTS 2, 4; ECD 2, 4)
7. Explain the nutritional guidelines essential to the well-being of young children based on the *Best Practices for Healthy Eating* by the Nemours Health and Prevention Services and ChooseMyPlate.gov by the United States Department of Agriculture. (CCC 1; PGC BTS 4; ECD 4)
8. Plan and manage mealtimes for children ages birth to 8 years old. (CCC 2, 5; PGC BTS 4; ECD 4)
9. Provide department approved documentation of completed CPR and first aid training. (CCC 4; PGC BTS 4; ECD 4)

See Core Curriculum Competencies and Program Graduate Competencies at the end of the syllabus. CCPOs are linked to every competency they develop.

Measurable Performance Objectives (MPOs):

Upon completion of this course, the student will:

1. Identify the appropriate licensing and public health requirements for early childhood environments.
 1. Examine applicable State of Delaware licensing regulations.
 2. Outline the steps necessary to meet state health and sanitation requirements for various early childhood facilities, including center-based and family childcare.
2. Explain the criteria for maintaining a healthy classroom environment.
 1. Use the Early Childhood Environment Rating Scale (ECERS) and Infant/Toddler Environment Rating Scale (ITERS) to assess the health and safety criteria of an early childhood classroom.
 2. Demonstrate the use of universal precautions.
3. Summarize relevant health concerns such as communicable diseases, chronic problems, and special health issues.
 1. Identify control measures used to reduce communicable illnesses.
 2. Demonstrate appropriate procedures for dealing with special health issues.
4. Discuss the criteria for maintaining a safe environment.
 1. Describe the relationship between a child's stage of development and maintaining a safe environment.
 2. List and prioritize a caregiver's responsibilities in managing a safe environment for young children.
5. Demonstrate accepted strategies for managing accidents, injuries, emergencies, and administering first aid.
 1. List basic principles of accident prevention.
 2. Compare and contrast strategies for managing accidents, injuries, emergencies, and administering first aid.
6. Describe the role of the child care provider related to preventing and reporting child abuse and neglect.
 1. Identify the characteristics of the abused and neglected child and of the abusive and neglectful adult.
 2. Explain the State of Delaware laws for reporting suspected cases of child neglect and abuse.
7. Explain the nutritional guidelines essential to the well-being of young children based on the Best Practices for Healthy Eating by the Nemours Health & Prevention Services and ChooseMyPlate.gov by the United States Department of Agriculture.
 1. Summarize the recommendations for building healthy habits according to the Nemours Health and Prevention Services.
 2. Outline the guidelines for feeding children from infancy through early school age according to the United States Department of Agriculture.
 3. Summarize the guidelines for feeding children from infancy through early school age according to the American Academy of Pediatrics.
8. Plan and manage mealtimes for children ages birth to 8 years old.
 1. List the criteria for selecting and serving nutritious solid foods.
 2. Describe the proper feeding technique for infants.
 3. Develop weekly menu plans that meet established nutritional guidelines for providing energy, promoting growth of body tissues, and regulating body functions.
 4. Compare and contrast commercial and home prepared meals.
9. Provide department approved documentation of completed CPR and first aid training.
 1. Complete CPR training.
 2. Complete first aid training.

Evaluation Criteria/Policies:

Students must demonstrate proficiency on all CCPOs at a minimal 75 percent level to successfully complete the course. The grade will be determined using the Delaware Tech grading system:

92	-	100	=	A
83	-	91	=	B
75	-	82	=	C
0	-	74	=	F

Students should refer to the [Student Handbook - https://www.dtcc.edu/handbook](https://www.dtcc.edu/handbook) for information on the Academic Standing Policy, the Academic Integrity Policy, Student Rights and Responsibilities, and other policies relevant to their academic progress.

Final Course Grade:

Calculated using the following weighted average

Evaluation Measure	Percentage of final grade
Exams- Summative	20%
Summative Assessments	55%
-Lesson Plan (15%)	
-Menu Project (15%)	
-Lesson Plan Presentation (15%)	
- Environmental Rating Scale Assessment (10%)	
Formative Assessments	25%
TOTAL	100%

Core Curriculum Competencies (CCCs are the competencies every graduate will develop):

1. Apply clear and effective communication skills.
2. Use critical thinking to solve problems.
3. Collaborate to achieve a common goal.
4. Demonstrate professional and ethical conduct.
5. Use information literacy for effective vocational and/or academic research.
6. Apply quantitative reasoning and/or scientific inquiry to solve practical problems.

Program Graduate Competencies (PGCs are the competencies every graduate will develop specific to his or her major):

ECEAATBTS

1. Implement developmentally appropriate practices based on theories, norms and milestones associated with development in early childhood.
2. Communicate information about student learning and behaviors in a collaborative manner with school, family and community members.
3. Plan developmentally appropriate curriculum for quality infant/toddler, preschool and kindergarten through second grade programs in multicultural settings.
4. Maintain a healthy, safe environment for children by following licensing requirements and legal issues affecting Early Childhood programs.
5. Apply knowledge of the physical, social, emotional, cognitive and language development of birth to second grade children in a classroom setting.
6. Access and implement educational technology.

ECEAASECD

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4. Maintain a healthy, safe environment for children by following licensing requirements and legal issues affecting Early Childhood programs.
5. Apply knowledge of the physical, social, emotional, cognitive and language development of birth to pre-school aged children in a classroom setting.
6. Access and implement educational technology.
7. Develop an effective business plan for the operation of an Early Childhood Program.

Disabilities Support Statement:

The College is committed to providing reasonable accommodations for students with disabilities. Students are encouraged to schedule an appointment with the campus Disabilities Support Counselor to request an accommodation needed due to a disability. A listing of campus Disabilities Support Counselors and contact information can be found at the [disabilities services - https://www.dtcc.edu/disabilitysupport](https://www.dtcc.edu/disabilitysupport) web page or visit the campus Advising Center.